

TRUST THE LORD

Request: “Can you give me a passage of Scripture that shows God’s willingness to minister to the pain of heart especially when you feel that you have contributed too much of it?”

Immediately I thought of David and his writing on this very subject in the first half of Psalms (chs 1-75). Sure enough Ps 38 and 40 leaped out at me. (Ps.38: 6-11, 21-22) “Do not forsake me, O Lord; O my God, do not be far from me! O Lord, my salvation!”)

Ps.40 speaks to suffering believer whose friends and family push more guilt on you by reminding you that they ‘told you’ – “May those who say to me, ‘Aha! aha!’ be appalled at their own shame.” (40:15, NIV)

This lesson will study SEVEN reasons David offers to suffering believers to TRUST THE LORD

1. Ps 40 is a testimony from a suffering believer to suffering believers about a doctrinal truth learned through suffering.

“How blessed is the man who has made the Lord his trust.” (40:4)

TRUST THE LORD is David’s conclusion from the seven reasons he learned through his suffering listed in Ps.40:1-4.

David began with the declaring the importance of the faith cycle – “I waited patiently (qawah / kal infin and qawah / kal pf) for the Lord.” (40:1) Hebrew grammar declares that an infinitive absolute before a finite verb intensifies the latter. **It is used to emphasize the completion stage of the faith cycle.**

Hearing (Rom.10:17)

Completing (James 2:22)

Believing (Heb.4:2)

Applying (2 Cor.5: 7)

2. David offered 7 reasons as a testimony to recovery from a difficult and painful experience that resulted in learning to TRUST THE LORD (Ps.40:1-4).

- **Lord** inclined to me (natah / kal impf) [extending help]
- **Lord** heard my cry (shama / kal impf) [listening ear]
- **Lord** brought me up out of the pit (alah / hiphil impf) [lifted / helping hand]
- **Lord** set my feet upon a rock (qum / hiphil impf) [recovery]
- **Lord** made my footsteps firm (kun / polel pf) [plans]
- **Lord** put a new song in my mouth (nathan / kal impf) [future]
- **Lord** gave me a testimony for other to **trust the Lord** (batah / kal impf) [ministry]

- Who is doing the work? _____
- Who is getting benefited? _____
- After reading **Prov.3:5-6**, write the doctrinal principle _____
- Homework: Read **Luke 15:14-23** and apply the 7 steps to it.