

Lesson: (#9) FRUIT OF PATINECE

This is our ninth lesson in the study of the Fruit of the Holy Spirit taken from Gal.5:22-23.

We have learned that each of the nine fruit of Holy Spirit is produced (100%) by the indwelling Holy Spirit (1 Cor.6:19-20).

Today's Fruit of Holy Spirit is PATINECE, the fourth fruit listed in Gal.5:22 (Love, Joy, Peace, and **Patience**).

Patience is the compound Greek word makrothumia (macros) [long] and (thumia) [temper or agitated feeling]. Makrothumia is normally translated in the English as **long-suffering or patience**.

There is another Greek word that is sometimes translated patience, hupomone [to abide under without complaint, to endure or to persevere]. It is usually used with things rather than with people.

Both words are found in (Col.1:11) "Strengthened with all power, according to His glorious might, for the attaining of all steadfastness (hupomone) and patience (makrothumia); joyously."

Vines defines makrothumia as "a quality of self-restraint in the face of provocation which does not hastily retaliate or promptly punish, and is associated with mercy and is used of God (Ex.34:6; Rom.2:9; 1 Pet.3:20)." (Vines Expository Dictionary of Biblical Words, pg.377)

(1 Pet.3:20) "Who once were disobedient, when **the patience of God** kept waiting in the days of Noah, during the construction of the ark, in which a few, that is, eight persons, were brought safely through the water."

**This lesson will study four aspects of the Fruit of makrothumia Patience.
Have you ever said, "Lord give me more patience!"**

1. Unger explains makrothumia patience as:

The "calm and unruffled temper with which the good man bears evils of life whether they proceed from persons or things. It also manifests itself in a sweet submission to the providential appointment of God, and fortitude in the presence of the duties and conflicts of life." (Unger Bible Dictionary, pg.829)

One biblical example is **Abigail** in the middle of the Nabal-David conflict:

(1 Sam.25:20-34) "Then David said to Abigail, 'blessed be the Lord God of Israel, who sent you this day to meet me, and blessed be your discernment, and blessed be you, who have kept me this day from bloodshed and from avenging myself by my own hand. Nevertheless, as the Lord of Israel lives, who has restrained me from harming you, unless you had come quickly to meet me, surely there would not have been left to Nabal until the morning light as much as one male.'"

2. **When we are tempted to become impatience, irritated, and angry towards the conduct of others or adverse circumstances it is important to remember that God has provided you with an ending internal reservoir of long-suffering patience as a fruit of the indwelling Holy Spirit (1 Cor.6:19-20; Gal.5:16, 22).**

(John 7:38-39) “He who believes in Me, as the Scriptures said, ‘From his innermost being will flow rivers of living water. But this He spoke of the Spirit, whom those who believed in Him were to receive; for the Spirit was not yet given, because Jesus was not yet glorified.’” (Isa.55:1; John 4:14)

The works of the flesh (OSN) are just the opposite (Gal.5:19-20; 1 Cor.3:1-3).

A biblical example of this principle is Sarah caught in the middle of a mess between Abraham and Pharaoh and Abimelech (Gen.12 and 20).

(1 Pet.3:1-6) teaches us how Sarah processed it (submission, purity and reverence behavior, inner beauty of gentle and quiet spirit, hope in God, and didn’t give in to fear) (James 5:7-11).

3. **Makrothumia patience is 1 of 9 virtues of spiritual growth maturity of CWL listed by Paul.**

His will, His walk, and His way (Col.1:9-11) “Strengthened **with** all power, **according to** His glorious might, **for** the attaining of all steadfastness and patience; joyously.”

(Eph.4:1-3) “Therefore I, the prisoner of the Lord, implore you to **walk in a manner worthy** of the calling with which you have been called, with all humility and gentleness, with **patience, showing tolerance** for one another in love, being diligent to preserve the unity of the Spirit in the bond of peace.”
(2 Tim.3:10-11; 4:2)

(Col.3:12-14) “So, as those who have been chosen of God, holy and beloved, **put on a heart of compassion, kindness, humility, gentleness and patience; bearing with one another, and forgiving each other**, whoever has a complaint against anyone; just as the Lord forgave you, so also should you. Beyond all these things **put on love**, which is the perfect bond of unity”

4. **A spiritual believer is able to exercise Makrothumia patience to any and all in need of mercy. (1 Tim.1:15-16; 2 Pet.3:9).**

A spiritual believer reaches out with mercy to meet a need in distress without consideration of merit or demerit of the one receiving or the one giving it (Matt.18:21-35) [Parable of Unmerciful Servant].

A biblical example is found in the parable of the Good Samaritan:

(Luke 10:25-37) “Which of these three do you think proved to be a neighbor to the man who fell into robbers’ hands? And he said, ‘the one who showed mercy towards him.’ Then Jesus said to him, ‘Go and do the same.’”