

BROKEN HEARTS

Request: “Can you explain from the Bible how to treat the pain of a broken heart and is it possible for the heart to become healthy again?”

First, let me say to you that time didn’t cause it and time alone will not heal it. However, time along with the healing power of God’s word and work of indwelling Holy Spirit can restore the believer’s heart completely.

The next two lessons will teach you how to heal a broken heart to complete restoration by the grace of God.

Today’s lesson will address the drama and trauma of a broken heart in the marriage of David and Michael, the youngest daughter of King Saul.

Today’s lesson will study five aspects of two Broken Hearts that remained unhealed and unhealthy for many years in the lives of these two believers

NOTE: Next week’s lesson will study how to mend these Broken Hearts back to health of body, soul and spirit.

1. God is greater than the human heart and knows the hearts of all mankind.

Solomon’s prayer at the dedication of the Temple:

(1 Kings 8:39b) “You alone know the hearts of all the sons of men.”

(1 John 3:20) “God is greater than our heart and know all things.”

Samuel to Saul regarding replacement of king – “But now your kingdom shall not endure. The Lord has sought out for Himself a man after His own heart, and the Lord has appointed him as ruler over His people, because you have not kept what the Lord commanded you.” (1 Sam.13:14) [Youthful David]

(1 Sam.16:7) “But the Lord said to Samuel, ‘Do not look at the appearance or at the height of his stature, because I have rejected him; for God sees not as man sees, for man looks at the outward appearance, but the Lord looks at the heart.’”

(Rev.2:23b) “For the righteous God tries the hearts and minds.” (Ps.7:9b) “I am He who searches the minds and hearts.”

2. The romantic love story of David and Michael is between two spiritually maturing believers whose first love was God - “We love, because He first loved us.” (1 John 4:19)

Here we have two spiritually maturing believers who wished to share their love for God with each other as well as with others. Sometimes God moves in strange ways to us. This principle began when David discovered that there was a reward for defeating Goliath (1Sam.17:25). One part of the reward involved the marriage to a daughter of Saul.

Later Saul was reminded of this reward and offered his elder daughter to David but Michael was in love with David and not her sister. King Saul thought he would humiliate David and switched grooms at the altar (1 Sam.18:17-19).

This left David's reward of a daughter to Michael. However, Saul added 100 Philistine foreskins for the hand of his youngest daughter. David brought Saul 200 (1 Sam.18:20-28).

David and Michael had a Song of Solomon (SOS) relationship which irritated Saul.

(SOS 4:9-11) "You have made my heart beat faster, my sister, my bride; you have made my heart beat faster with a single glance of your eyes, with a single strand of your necklace. How beautiful is your love, my sister, my bride! How much better is your love than wine and the fragrance of your oils than all kinds of spices! Your lips, my bride, dip honey; Honey and milk are under your tongue, and the fragrance of your garments is like the fragrance of Lebanon."

3. David and Michael had a mean and evil father-in-law who not only wanted their marriage to fail, but for David to be dead.

When the Philistine's didn't kill David when Saul sent him out to bring back 100 Philistine foreskins didn't kill David, Saul attempted to assassinate David while asleep at his own home (1 Sam.19). However, David escaped the plot with the courageous help of Michael; who put herself at great risk to protect David.

After David's escape, Saul had their marriage annulled; and to punish Michael, Saul forced her to marriage another man (1 Sam.25:44). At the same time, David became a fugitive of the state on the run for his life.

4. Two hearts were broken and the beginning a journey of great emotional pain. David and Michael tried to adjust and make the best out a terrible situation.

In their adjusting to mending their broken hearts, **they forgot** that God is greater than their hearts and knows all about their pain (Rom.8:38-39).

TRUTH: "He heals the brokenhearted and binds up their wounds." (Ps.147:3)

TRUTH: "The Lord supports the afflicted; He brings down the wicked to the ground." (Ps.147:6)

TRUTH: "The Lord is near to the brokenhearted and saves those who are crushed in spirit." (Ps.34:18)

Michael was married to a man who worshipped her and she seemed to have moved on with her life (2 Sam.3:16). This wasn't true for David.

5. When David became king, one of his first acts was to order Michael to be returned to him like a piece of property.

(2 Sam.3:13-16) "Give me my wife Michael, to whom I was betrothed for a hundred foreskins of the Philistines." (3:14)

David forced her to be removed from her marriage without consideration of her feelings, wishes or needs. This makes David as bad as Saul. David had become what he hated (Rom.7:14-25).

Michael has been wronged by the two men in her life she loved the most. This is the straw that made her bitter even toward the things of God (2 Sam.6:16, 20-23).