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Doctrinal Studies Bible Church
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Series: Psalms 90

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Psalms 90:1-2
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GOD'S MAN OF PRAYER

We begin a new series of lessons taken from Psalms.90:1-17.

Psalms 90 is the oldest Psalm of the 150 Psalms and is the only Psalms written by Moses. It opens the fourth of five sections of the Book of Psalms (90-106).

Most Bible scholars related it to the wilderness wandering generation of the Israelites (Num.13-14). There is another Psalms in the fourth section that discusses the wilderness wandering (Ps.95). Psalms.95 is quoted in Hebrews 3-4.

This lesson will study two aspects of Moses as "God's Man of Prayer."
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1. We divided Ps.90:1-17 into four sections for study. It was used to introduce a Liturgy Prayer.

- (Ps.90:1-2) Man in Plan of God
- (Ps.90:3-6) Man of Dust
- (Ps.90:7-12) Man under Divine Discipline
- (Ps.90:13-17) Man of God's grace

The Hebrew word for prayer in the title is (tephillah). It is taken from (palal) which refers to the **Intercessory prayer life of Moses**.

There are four Greek words for prayer

- **Proseuche** is used for prayer in general (Luke 11:1-4).
- **Deesis** is used for specific need request (Luke 1:13).
- **Aitema** is used for persistent petition (Luke 11:9-10).
- **Enteuxis or entuchano** is used or intercession (1 Tim.2:1-4; 4:3-5).

2. The disciples of Jesus observed the prayer life of John and his disciples and ask if Jesus would teach them to pray like them (Luke 11:1-13).

Jesus' response was given in three parts:

- (Luke 11:1-4) Procedure
- (Luke 11:5-10) Parable
- (Luke 11:11-13) Power

We will study the procedure that Jesus taught for effective prayer life. We will use the acrostic **F.A.C.T.S.**

Father (Luke 11:1-2) [In the name of Jesus] (John 14:13-14)

Ask according to will of God (1 John 5:14-15)

Confession of sin (1 John 1:9; Ps.66:18; Heb.7:25)

Thanksgiving – attitude of gratitude (Eph.5:20; Phil.4:6; Col.3:17)

Spirit (Eph.6:18; Rom.8:26-27; Jude 20)