

BREATH OF LIVES

In our previous studies we have examined **Toledoth One (Gen.2:4-4:26)** from which we will now do several specific doctrinal studies. This lesson will cover one of those important doctrines that relates to every member of the human race.

We will examine our lesson text by three homiletic points. Note the 3 kal imperfects.

- **Body**
 - “Then Lord God formed (yatsar/ kal impf) man of the dust of the ground (Job 33:6; Isa.43:7)
- **Breath of lives**
 - “and breathed (naphach/ kal impf) into his nostrils the **breath (neshamah) of lives (chayyim)**,
- **Birth**
 - “and man became (hayah/ kal impf) a living soul (chayah nephesh) [the person]”

Notice we made **life to lives** (plural of chayyim/ im).

This lesson will study <u>five aspects</u> of the Breath of Lives (neshamah chayyim)

1. Breath of Lives established the trichotomy of mankind: body, soul, and spirit.

(1 Thess.5:23) “Now may the God of peace Himself sanctify you entirely; and may your spirit and soul and body be preserved completely, without blame at the coming of our Lord Jesus Christ.”

When God breathes neshamah chayyim into the body, it ignites the soul and produces the human spirit resulting in a living soul (chayah nephesh) [the person].

(Isa.42:5) “Who gives **breath to the people** on it, and **spirit** to those who walk in it.”
(Job 33:4; Zech.12:1; Acts 17:25).

A living soul comes from a living God. The great question is where will he/she, that living soul, spend eternity? The answer is whether or not you believe the gospel of Jesus Christ (1 Cor.15:3-4; Rom.1:16; Eph.2:8-9).

(Isa.2:22) “Stop trusting in man, who has but a breath in his nostrils. Of what account is he?” (NIV)

2. The divine pattern for receiving neshamah chayyim (the breath of lives) is the NOSTRILS and not the genitals.

(Job 27:3) “For as long as the breath of lives is in me, and the breath of God is in my nostrils.”

Noah’s flood:

(Gen.7:22) “Everything on dry land that had the breath of lives in its nostrils died. (Gen.7:15-23; 6:17)

A question from Job:

(Job 12:10) “In whose hands is the life of every living thing, and the breath of all mankind?”

3. While the human earthly body has gone through different creative changes, the ‘breath of lives’ has remained the same.

- **Adam’s body** came from the ground but his breath of lives came from God (Gen.2:7).
- **Eve’s body** came from Adam’s rib but her breath of lives came from God (Gen.2:22-23).
- **Our bodies** came from different wombs but our breath of lives came from God (Gen.3:16; 4:1; 1 Cor.11:7-9).
- **Jesus’ body** came from the Holy Spirit and a virgin’s womb but His breath of lives came from God (Luke 1:34-35; 2:5-7).
- **The Church Age Believer’s spiritual body** will come from regeneration and a heavenly pattern of Jesus Christ (1 Cor.15:44-49).

4. The breath of lives comes at birth and returns to God at death.

(Job 34:14-15) “If He should determine to do so, if He should gather to Himself His spirit and His breath, all flesh would perish together, and man would return to dust.’ (Eccl.3:2; Heb.9:27; Gen.3:19)

(Ps.104:29) “Thou dost take away their spirit, they expire.” (James 4:14)

(Ps.146:4) “His spirit departs; he returns to the earth.”

Jesus from the Cross: “And Jesus crying out with a loud voice, said, ‘Father, into Thy hands I commit My spirit.’” (Luke 23:46; Ps.31:5) **The debt for the sin of the world had been paid** (1 Cor.6:19-20; 7:23; John 19:30)

(1 Pet.1:18-19) “Knowing that you were not redeemed with perishable things like silver or gold from your futile way of life inherited from your forefathers, **but with precious blood**, as of a lamb unblemished and spotless, the **blood of Christ**.”

5. When a Church Age Believer (CAB) dies, his body goes to the ground, his soul goes to heaven and his spirit returns to the Father.

(Eccl.12:7) “And the dust returns to the ground it came from, and the spirit returns to God who gave it.” (Acts 7:59; Luke 23:46).

(2 Cor.5:8) “We are of good courage, I say, and prefer rather to be absent from the body and to be **at home with the Lord**.” (2 Cor.12:2-4)

JESUS

- Luke 23:46 death on cross
- Luke 23: 52-53 body in grave
- 1Pet.3:18-20 three days in Sheol
- Rom.8:11 raised from dead (1 Cor.15:20) [first fruit of resurrection body]
- Acts 2:9-11 ascended to heaven
- Eph.1:20-23 seated in session in heaven during the church age